

**JEWISH COMMUNITY
OF ESTONIA**

2025 PROJECT REPORT



BUILDING A BETTER LIFE FOR THE JEWISH SINGLE PARENT FAMILIES IN ESTONIA



Sofia (grandmother) and Daria

Prepared for:
BALTIC JEWISH FORUM

Program activities in 2025

During 2025 21 families and 26 children participating in the program have received allocations for nutritional care and classes and courses. In total during the reported period (January-December 2025) families received support for 8 886.00 euros. The summary of yearly allocation breakdown is presented below:

Jewish Single Parent Families program spending January- December 2025							
Type of Support	Families	Children	Jan-Mar	Apr - Jun	Jul-Sep	Oct-Dec	Total 2025
Nutritional care	20	25	1,670.00 €	1,920.00 €	2,210.00 €	1,087.00 €	6,887.00 €
Classes/courses	7	8	1,099.00 €	0.00 €	0.00 €	0.00 €	1,099.00 €
Administration			0.00 €	0.00 €	0.00 €	900.00 €	900.00 €
Total	21	26	2,769.00 €	1,920.00 €	2,210.00 €	1,987.00 €	8,886.00 €

Nutritional care (Maxima supermarket food cards) constituted 77% of the total allocation. This reflects the position of our Welfare Center that sufficient and healthy nutrition should be a priority when providing help to single-parent families. Other services such as classes/courses (integration, sport, rehabilitation) are also hugely important once the nutritional needs of the children are satisfied.

The allocated amounts were based on a concept of a minimum income standard, which is a model of a family, able to cover their basic needs. The counting formula also includes family expenses for the apartment (rent, utilities, and mortgage). Most of the families in the program are below the minimum income standard.

The detailed breakdown of individual allocations is presented below and in the attached report table.



Jekaterina (mother) and Artjom

##	Family	Kids	Type of support	Jan-Mar	Apr-Jun	Jul-Sep	Oct-Dec	Total 2025
1	Nataliia	Tymofii, age 16	nutritional care	50.00 €	160.00 €	160.00 €	0.00 €	
	mother		courses	50.00 €	0.00 €	0.00 €	0.00 €	
			Total:	100.00 €	160.00 €	160.00 €	0.00 €	420.00 €
2	Olha	Maryna, age 13	nutritional care	100.00 €	150.00 €	150.00 €	100.00 €	
	mother		courses	75.00 €	0.00 €	0.00 €	0.00 €	
			Total:	175.00 €	150.00 €	150.00 €	100.00 €	575.00 €
3	Anna	Amira, age 15	nutritional care	0.00 €	150.00 €	150.00 €	0.00 €	
	mother		courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	0.00 €	150.00 €	150.00 €	0.00 €	300.00 €
4	Maria	Benjamin, age 10	nutritional care	70.00 €	70.00 €	70.00 €	0.00 €	
	mother		courses	150.00 €	0.00 €	0.00 €	0.00 €	
			Total:	220.00 €	70.00 €	70.00 €	0.00 €	360.00 €
		Leja, age 7	nutritional care	70.00 €	70.00 €	70.00 €	0.00 €	
			courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	70.00 €	70.00 €	70.00 €	0.00 €	210.00 €
5	Inna	Jaroslav, age 17	nutritional care	50.00 €	150.00 €	140.00 €	0.00 €	
	mother		courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	50.00 €	150.00 €	140.00 €	0.00 €	340.00 €
6	Mirjam	Jakov, age 17	nutritional care	70.00 €	70.00 €	170.00 €	0.00 €	
	mother		courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	70.00 €	70.00 €	170.00 €	0.00 €	310.00 €
7	Sofia	Daria, age 18	nutritional care	100.00 €	50.00 €	80.00 €	100.00 €	
	grandmother		courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	100.00 €	50.00 €	80.00 €	100.00 €	330.00 €
8	Julia	Rosanna, age 17	nutritional care	120.00 €	160.00 €	160.00 €	0.00 €	
	mother		courses	259.00 €	0.00 €	0.00 €	0.00 €	
			Total:	379.00 €	160.00 €	160.00 €	0.00 €	699.00 €
9	Jekaterina	Petr, age 12	nutritional care	50.00 €	50.00 €	100.00 €	100.00 €	
	mother		courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	50.00 €	50.00 €	100.00 €	100.00 €	300.00 €
10	Alsu	Hanna, age 15	nutritional care	50.00 €	0.00 €	0.00 €	0.00 €	
	mother		courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	50.00 €	0.00 €	0.00 €	0.00 €	50.00 €
		Mikael, age 13	nutritional care	50.00 €	0.00 €	0.00 €	0.00 €	
			courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	50.00 €	0.00 €	0.00 €	0.00 €	50.00 €
11	Elena	Anna, age 14	nutritional care	40.00 €	40.00 €	60.00 €	80.00 €	
	mother		courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	40.00 €	40.00 €	60.00 €	80.00 €	220.00 €
12	Irina	Sofia, age 13	nutritional care	80.00 €	140.00 €	140.00 €	80.00 €	
	mother		courses	0.00 €	0.00 €	0.00 €	0.00 €	
			Total:	80.00 €	140.00 €	140.00 €	80.00 €	440.00 €

13	Tatjana mother	Rustam, age 15	nutritional care courses	70.00 € 170.00 €	35.00 € 0.00 €	35.00 € 0.00 €	70.00 € 0.00 €	
			Total:	240.00 €	35.00 €	35.00 €	70.00 €	380.00 €
		Rusalina, age 11	nutritional care courses	70.00 € 120.00 €	35.00 € 0.00 €	35.00 € 0.00 €	70.00 € 0.00 €	
			Total:	190.00 €	35.00 €	35.00 €	70.00 €	330.00 €
14	Yevheniia mother	Maxim, age 4	nutritional care courses	140.00 € 0.00 €	70.00 € 0.00 €	70.00 € 0.00 €	0.00 € 0.00 €	
			Total:	140.00 €	70.00 €	70.00 €	0.00 €	280.00 €
15	Inna mother	Tali, age 13	nutritional care courses	70.00 € 50.00 €	70.00 € 0.00 €	70.00 € 0.00 €	140.00 € 0.00 €	
			Total:	120.00 €	70.00 €	70.00 €	140.00 €	400.00 €
16	Yulia mother	Serafim, age 17	nutritional care courses	0.00 € 0.00 €	0.00 € 0.00 €	100.00 € 0.00 €	0.00 € 0.00 €	
			Total:	0.00 €	0.00 €	100.00 €	0.00 €	100.00 €
17	Adel mother	Veniamin, age 12	nutritional care courses	70.00 € 0.00 €	70.00 € 0.00 €	70.00 € 0.00 €	140.00 € 0.00 €	
			Total:	70.00 €	70.00 €	70.00 €	140.00 €	350.00 €
18	Ekaterina mother	Ksenia, age 17	nutritional care courses	100.00 € 0.00 €	100.00 € 0.00 €	100.00 € 0.00 €	100.00 € 0.00 €	
			Total:	100.00 €	100.00 €	100.00 €	100.00 €	400.00 €
19	Jekaterina mother	Artjom, age 14	nutritional care courses	0.00 € 225.00 €	0.00 € 0.00 €	0.00 € 0.00 €	0.00 € 0.00 €	
			Total:	225.00 €	0.00 €	0.00 €	0.00 €	225.00 €
20	Evgenia mother	Daniil, age 7	nutritional care courses	50.00 € 0.00 €	50.00 € 0.00 €	50.00 € 0.00 €	7.00 € 0.00 €	
			Total:	50.00 €	50.00 €	50.00 €	7.00 €	157.00 €
		Jakov, age 15	nutritional care courses	50.00 € 0.00 €	50.00 € 0.00 €	50.00 € 0.00 €	0.00 € 0.00 €	
			Total:	50.00 €	50.00 €	50.00 €	0.00 €	150.00 €
		Emanuel, age 15	nutritional care courses	50.00 € 0.00 €	50.00 € 0.00 €	50.00 € 0.00 €	0.00 € 0.00 €	
			Total:	50.00 €	50.00 €	50.00 €	0.00 €	150.00 €
21	Natan father	Maria, age 7	nutritional care courses	100.00 € 0.00 €	130.00 € 0.00 €	130.00 € 0.00 €	100.00 € 0.00 €	
			Total:	100.00 €	130.00 €	130.00 €	100.00 €	460.00 €
	Administration			0.00 €	0.00 €	0.00 €	900.00 €	900.00 €
			Quarterly totals:	2,769.00 €	1,920.00 €	2,210.00 €	1,087.00 €	8,886.00 €

Support provided by Baltic Jewish Forum continues to positively influence lives of Jewish children with a single parent, who belong to one of the most vulnerable groups among our Community members. The Community Jewish Family Service program’s goal is to help families with Jewish children reach a level of

living where they would feel secure and stable. Jewish Community of Estonia expresses its deepest gratitude for the continual support of Baltic Jewish Forum and its important contribution towards reaching that goal.

Thank you!



Olha (mother) and Maryna